

Implementing early identification and brief intervention in different primary care settings: update from the PHEPA project



INEBRIA

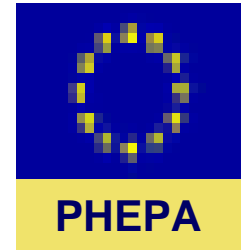
International Network on
Brief Interventions for Alcohol
Problems

Joan Colom, Antoni Gual, Peter Anderson and Lidia Segura
Brussels, Belgium
19-20 November 2007



Generalitat de Catalunya
Departament de Salut

PHEPA

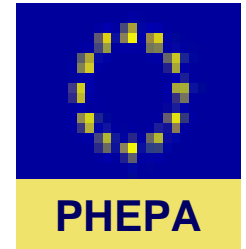


Primary
Health Care
European
Project on
Alcohol

Phase I : 03-05

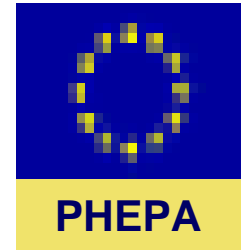
Phase II : 06-08

AIM



- **The challenge of the Phepa Project is to integrate health promotion interventions for hazardous and harmful alcohol consumption into primary health care professionals' daily clinical work.**
- **The Project aim supports the European Community's Public Health Strategy and the European Charter on Alcohol and the European Alcohol Action Plan of the World Health Organization**

GENERAL OBJECTIVES

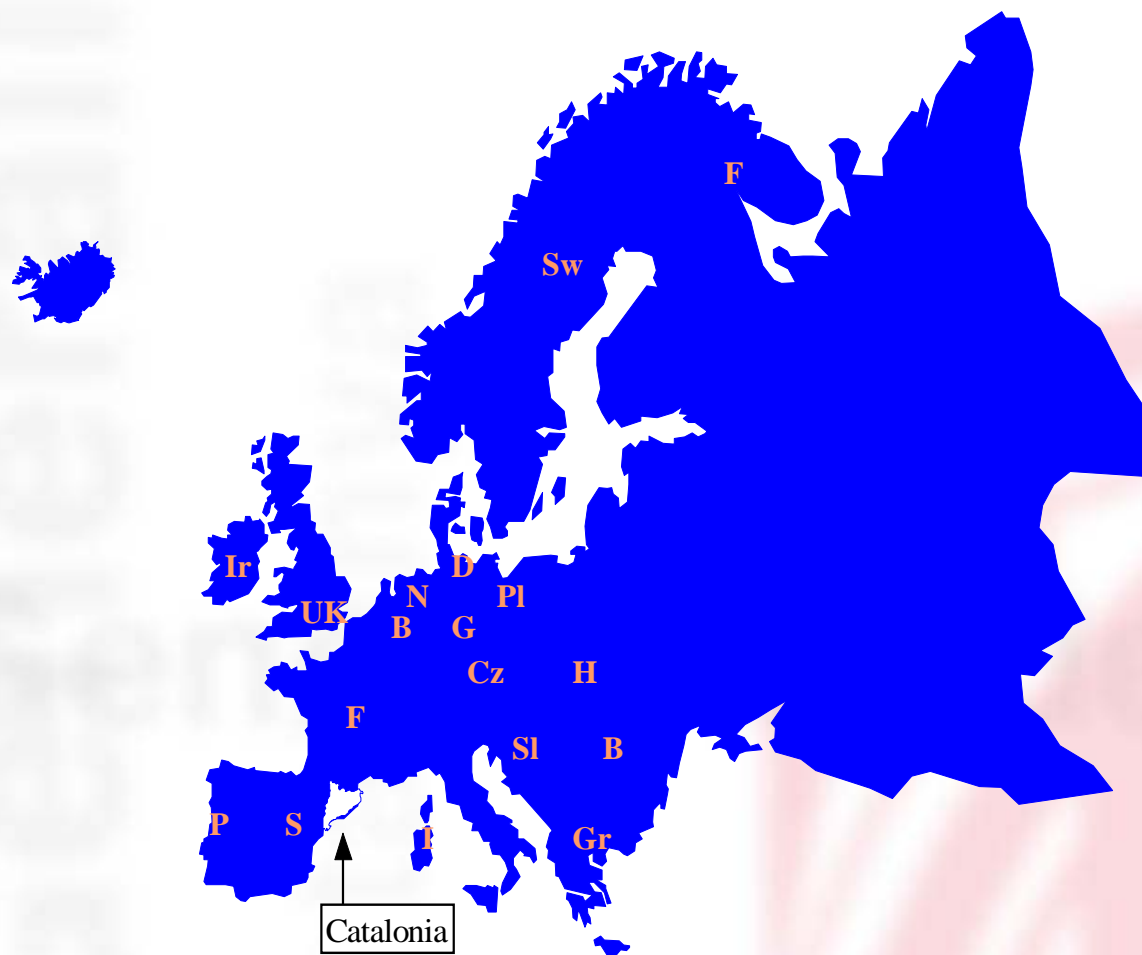


- **To raise awareness on alcohol-related issues, specially in the area of risky drinking, among PHC professionals, helping to reframe the classical conceptions.**
- **To enhance the skills of PHC professionals in the management of alcohol-related issues.**
- **To provide policy makers and Health Authorities with tools that allow them to promote the dissemination of SBI techniques in PHC settings.**

Partners of the Phepa II Project



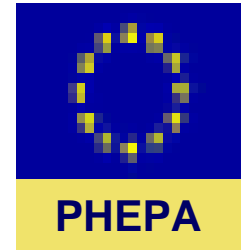
- 24 associated partners
- 10 collaborating partners (6 countries and EUROPREV)



- | | |
|----------------|-----------------|
| Belgium | |
| Bulgaria | |
| Czech Republic | |
| England | |
| Estonia | |
| Denmark | |
| Finland | |
| France | |
| Germany | Portugal |
| Greece | Romania |
| Hungary | Slovenia |
| Ireland | Slovak Republic |
| Italy | Spain |
| Lithuania | Sweden |
| Latvia | Turkey |
| Netherlands | EUROPREV |
| Poland | |

Phepa II

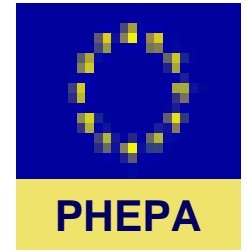
Specific objectives



- **To create a sustained European Platform of health professionals and brief interventions with representation in all partner countries,**
- **To develop an assessment tool and a registry to assess and document the current status of services for brief interventions in all partner countries**

Phepa II

Specific objectives



- To build an Internet based resource centre for health professionals, policy makers and providers, on brief interventions;**
- To roll out a training programme throughout Member States to harmonize the skills of European health professionals**
- To roll out clinical guidelines throughout Member States to harmonize the quality of brief interventions.**

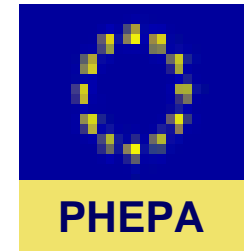


PHEPA

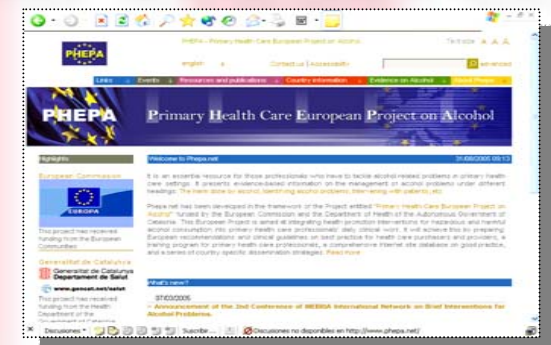
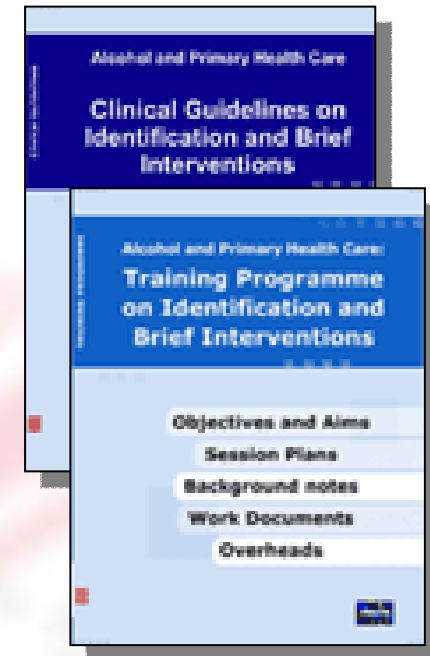
What have we done?

- Products (Clinical Guidelines, Training Program and website) developed and now in progress the country adaptation**
- Six international meetings hold**
- 24 Country Based Teams have been settled and implementation strategies are been elaborated**
- Approval by the EC for co-financing and expanding the work until December 2008**

PHEPA Products



- European recommendations and clinical guidelines for health care purchasers and providers
- European training programme for primary health care professionals
- Comprehensive Internet site database on good practice, providing the evidence base in the domains of efficacy, economics, health and policy
- Series of country specific dissemination experiences and strategies.



Clinical Guidelines Contents



Summary

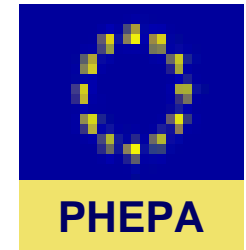
- I. Introduction
- II. Methods to prepare the guidelines
- III. Describing alcohol consumption and alcohol related harm
- IV. Alcohol and health
- V. Identifying hazardous and harmful alcohol consumption
- VI. Effectiveness of brief interventions
- VII. Cost and cost effectiveness of brief interventions
- VIII. Implementing identification and brief intervention programmes
- IX. Assessing the harm done by alcohol and alcohol dependence

Annexe

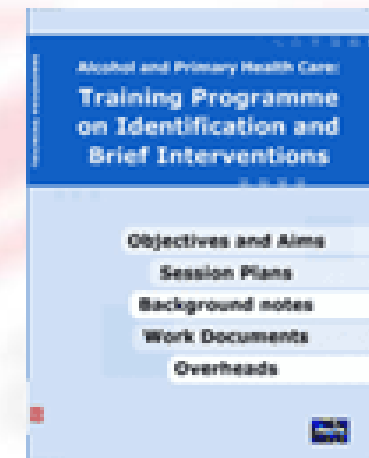


Available on-line at: www.phepa.net

Training Programme



- 1 **Introduction and basic concepts**
 - Alcohol and health
- 2 **Early identification**
 - Drinking patterns
 - Identification tools (AUDIT, AUDIT-C)
- 3 **Brief Intervention I**
 - Stages of change theory
- 4 **Brief Intervention II**
 - Basic components of EIBI
 - Motivational approach
- 5 **Alcohol Dependence**
 - CIE - 10 criteria
 - Follow up
- 6 **Implementation of the EIBI Alcohol Programme**
 - Treatment strategies
 - Referral criteria



Available on-line at: www.phepa.net

Phepa.net Home



The screenshot shows a web browser window displaying the Phepa.net homepage. The browser's address bar shows the URL "PHEPA - Primary Health Care European Project on Alcohol". The page features a navigation menu with items like "Links", "Events", "Resources and publications", "Country information", "Evidence on Alcohol", and "About Phepa". A large banner at the top reads "PHEPA Primary Health Care European Project on Alcohol".

Highlights

European Commission

This project has received funding from the European Communities

Generalitat de Catalunya

Generalitat de Catalunya
Departament de Salut
www.gencat.net/salut

This project has received funding from the Department of the Health Government of Catalonia

Welcome to Phepa.net 31/08/2005 09:13

It is an essential resource for those professionals who have to tackle alcohol related problems in primary health care settings. It presents evidence-based information on the management of alcohol problems under different headings: [The harm done by alcohol](#), [Identifying alcohol problems](#), [Intervening with patients](#), etc

Phepa.net has been developed in the framework of the Project entitled "Primary Health Care European Project on Alcohol" funded by the European Commission and the Department of Health of the Autonomous Government of Catalonia. This European Project is aimed at integrating health promotion interventions for hazardous and harmful alcohol consumption into primary health care professionals' daily clinical work. It will achieve this by preparing: European recommendations and clinical guidelines on best practice for health care purchasers and providers; a training program for primary health care professionals, a comprehensive Internet site database on good practice, and a series of country specific dissemination strategies. [Read more](#)

What's new?

07/03/2005

> **Announcement of the 2nd Conference of INEBRIA International Network on Brief Interventions for Alcohol Problems.**

Discusiones no disponibles en <http://www.phepa.net/>

Country Implementation



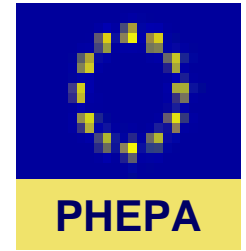
- **Assessing the EIBI services in all countries**
- **Creation of working groups at a national level**
- **Elaboration and implementation of a country based national strategy**

Phepa II Deliverables & Products



	Deliverables	Months	Products
D1	European Platform	1	Network with published reports
D2	Model of brief interventions assessment tool and registry	6	Published report
D3	Assessment tool of brief interventions	6	Published report
D4	Registry of Europe wide practice	12	Internet site database
D5	Internet resource centre	12	Internet site database
D6	Country roll out of country based recommendations and guidelines	18	Published report
D7	Country roll out of country based training programmes	18	Published report

Some results from PHEPA at country level



- **Use Phepa to influence national guidelines on alcohol**
- **Reach a consensus with the PHC professionals**
- **Train increasing numbers of professionals**
- **Increase the number of community interventions**



CATALONIA

- **70 training the trainers from specialized treatment centres**
- **340 (98%) PHC centres trained**
- **6000 PHC professionals trained**
- **150 XaROH members from PHC (alcohol referents)**



CATALONIA

- **Inclusion in the Health Plan for Catalonia**
- **Inclusion in the Master Plan on Mental Health & Addiction**
- **Alcohol screening in the providers contract**
- **Adaptation of Medical Records to standards**
- **Development of on-line tools (course, bulletin, drinking measurement tool)**
- **Expansion to other health settings (hospitals, occupational health, etc)**



Thanks for your attention!!!

www.phepa.net



BUILDING CAPACITY FOR ACTION

European Alcohol Policy Conference
Barcelona, 3-5 April

Building
Capacity
for
Action

European Alcohol
Policy Conference



Barcelona
3th - 5th April 2008

Organized by
Generalitat de Catalunya
Departament de Salut

European Alcohol Policy Conference Barcelona, 3-5 April, 2008

<http://www.ias.org.uk/buildingcapacity/conference/index.html>

 Generalitat de Catalunya
Departament de Salut


INŠTITUT ZA VAROVANJE ZDRAVJA
REPUBLIKE SLOVENIJE




REPUBLIC OF SLOVENIA
MINISTRY OF HEALTH


European Commission

 Sosial- og helsedirektoratet
Norwegian Directorate for Health and Social Affairs


actis
RUSSELLTES SAMARBEIDSGRAN

 IOGT-NTO


World Health Organization
Regional Office for Europe





**BUILDING CAPACITY
FOR ACTION**
European Alcohol Policy Conference
Barcelona, 3-5 April

REGISTRATION

- Remember:
 - Registration online – B/A 15th January 2008
 - Submission of proposals – 14th December 2007

	Before the 15th January 2008	After the 15th January 2008
Old ME	300 €	400 €
New ME	150 €	200 €

**Building
Capacity
for
Action**

European Alcohol
Policy Conference



Barcelona
3th - 5th April 2008

Organized by

Generalitat de Catalunya
Departament de Salut

